

Common Catholic Prayers



By Dulce Amor Soriano

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*For Our Lord Jesus Christ, Mama Mary,
my guardian angel,
my family, all those He has given to me,
and for all of you.*

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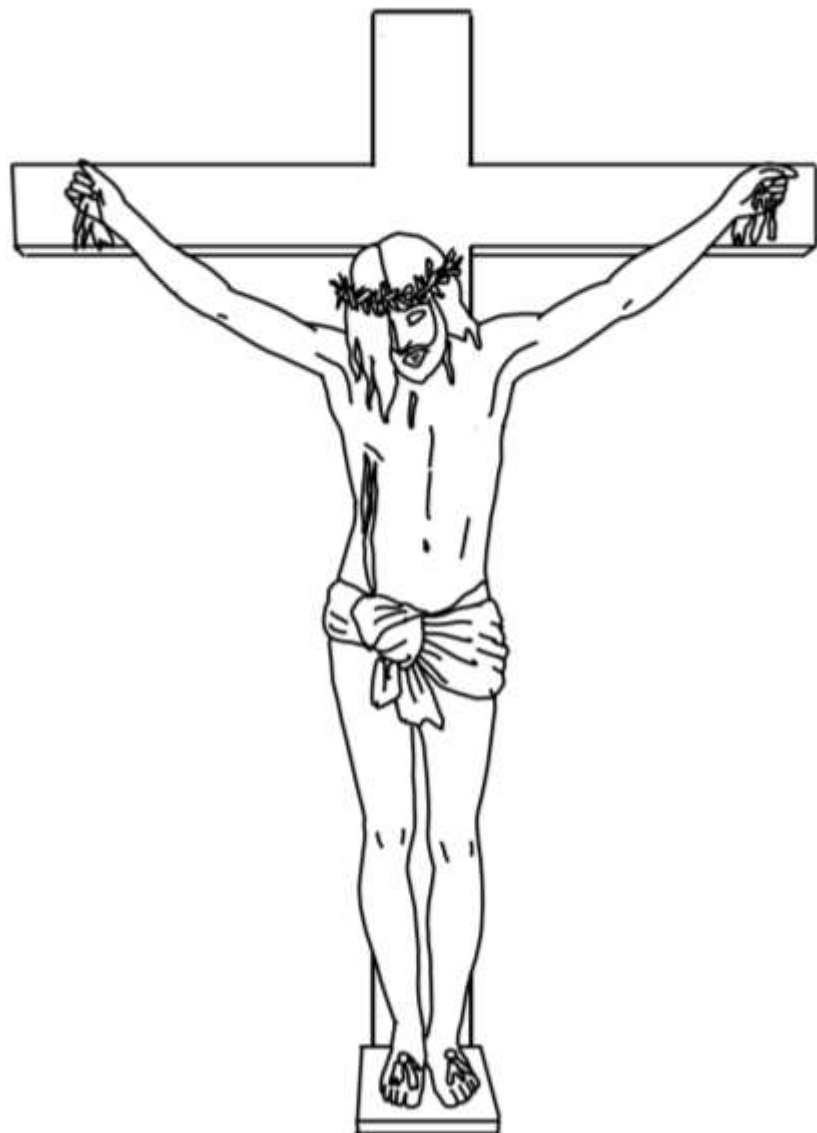
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Sign of the Cross

In the name of the Father,
and of the Son,
and of the Holy Spirit.

Amen.



The Lord's Prayer (Our Father)

Our Father,
who art in heaven,
hallowed be thy name;
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread
and forgive us our trespasses,
as we forgive those
who trespass
against us
and lead us not
into temptation,
but deliver us from
evil.

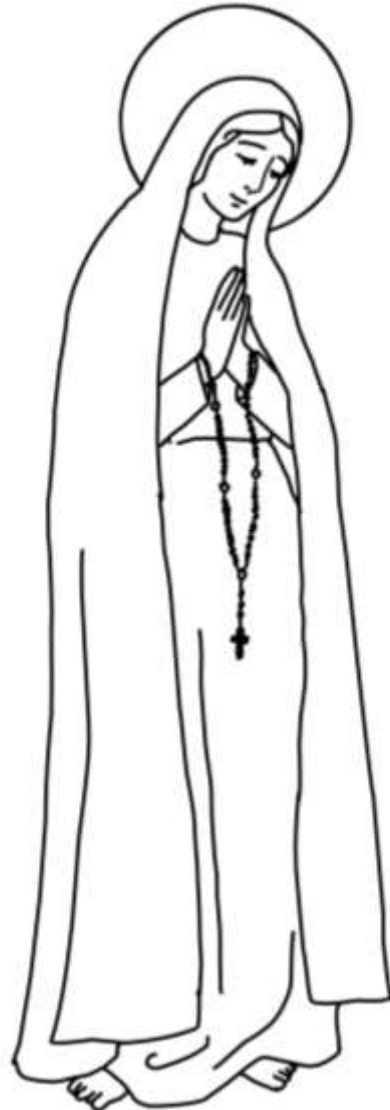
Amen.



Hail Mary

Hail Mary, full of grace,
the Lord is with thee.
Blessed art thou among women
and blessed is the fruit
of thy womb, Jesus.
Holy Mary, mother of God,
pray for us sinners now
and at the hour of our death.

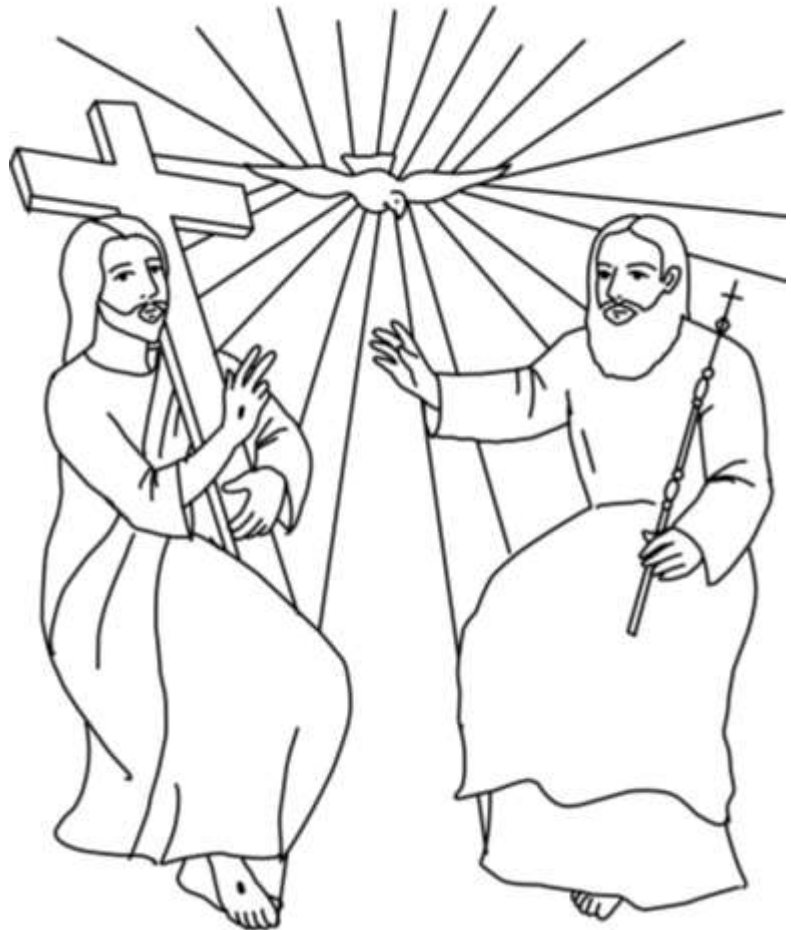
Amen.



Glory Be

Glory be to the Father,
and to the Son,
and to the Holy Spirit.
As it was in the beginning,
is now, and ever shall be,
world without end.

Amen.



Apostles' Creed

I believe in God, the Father almighty,
creator of heaven and earth,
and in Jesus Christ, his only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended into hell;
the third day he rose again from the dead;
he ascended into heaven
and is seated at the right hand of the Father;
from thence he shall come to judge
the living and the dead.
I believe in the Holy Spirit,
the holy Catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting.

Amen.



Prayer to Saint Michael the Archangel

St. Michael the Archangel,
defend us in these days of battle,
be our safeguard
against the wickedness and snares of the devil.
May God rebuke him,
we humbly pray, and you,
O prince of the heavenly host,
by the power of God,
cast into hell Satan
and all the evil spirits
who roam throughout the world
seeking the ruin of souls.

Amen.



Prayer to Our Guardian Angel

Angel of God,
my guardian dear,
to whom God's love
commits me here,
ever this day
be at my side
to light and guard,
to rule and guide.

Amen.



3 O'Clock Prayer

You died Jesus
but the source of life
flowed out for souls
and the ocean of mercy opened up
for the whole world.

O fountain of Life,
immeasurable Divine Mercy,
cover the whole world
and empty Yourself out upon us.

O Blood and Water
which flowed out from
the heart of Jesus
as a Fountain of Mercy for us,
I trust in You!

*Holy God, Holy Mighty One,
Holy Immortal One,
Have mercy on us
and on the whole world. (3x)*

Amen.

Jesus, King of Mercy,
I trust in you.



The Angelus

V. The Angel of the Lord declared unto Mary.

R. And she conceived by the power of the Holy Spirit.

Hail Mary. . .

V. Behold the handmaid of the Lord.

R. Be it done unto me according to thy word.

Hail Mary. . .

V. And the Word was made flesh.

R. And dwelt among us.

Hail Mary. . .

V. Pray for us, O holy Mother of God.

R. That we may be made worthy of the promises of Christ.

Let us pray:

Pour forth, we beseech Thee, O Lord, Thy grace into our hearts, that we to whom the Incarnation of Christ Thy Son was made known by the message of an angel, may by His Passion and Cross be brought to the glory of His Resurrection. Through the same Christ Our Lord.

Amen.

Hail Holy Queen

Hail, Holy Queen,
Mother of mercy,
hail, our life, our sweetness, and our hope.
To thee do we cry, poor banished children of Eve.
To thee do we send up our sighs,
mourning and weeping in this valley of tears.
Turn then, most gracious advocate,
thine eyes of mercy towards us and after this, our exile,
show unto us the blessed fruit of thy womb, Jesus.
O clement, O loving, O sweet
Virgin Mary.

Amen.



Prayer Before Meals

Bless us O Lord,
and these thy gifts,
which we are about to receive,
from thy bounty,
through Christ, our Lord.

Amen.



Prayer After Meals

We give Thee thanks
for all Thy benefits,
O Almighty God,
who livest and reignest
world without end.

Amen.

May the souls of the faithful departed,
through the mercy of God,
rest in peace.

Amen.



Morning Offering

O Jesus, through
the Immaculate Heart of Mary,
I offer You my prayers, works,
joys and sufferings
of this day for all the intentions
of Your Sacred Heart,
in union with the Holy Sacrifice
of the Mass
throughout the world,
in reparation for my sins,
for the intentions of all
my relatives and friends,
and in particular
for the intentions
of the Holy Father.

Amen.



Evening Prayer

O my God, at the end of this day
I thank you most heartily for all the graces
I have received from you.
I am sorry that I have not made a better use of them.
I am sorry for all the sins I have committed against you.
Forgive me, O my God,
and graciously protect me this night.
Blessed Virgin Mary, my dear heavenly mother,
take me under your protection.
St. Joseph, my dear guardian angel,
and all you saints of God, pray for me.
Sweet Jesus, have pity on all poor sinners,
and save them from hell.
Have mercy on the
suffering souls in
purgatory.

Amen.



Anima Christi

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, inebriate me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O good Jesus, hear me.
Within Thy wounds hide me.
Separated from Thee let me never be.
From the malignant enemy, defend me.
At the hour of death, call me.
And close to Thee bid me.
That with Thy saints
I may be Praising Thee,
forever and ever.

Amen.



Guardian Angel Prayer

O my good Angel,
whom God has appointed
to be my guardian,
enlighten and protect,
direct and govern me,
who have been entrusted to you
by the Divine Mercy.

Amen



Come, Holy Spirit

Come, O Holy Spirit,
fill the hearts of your faithful
and enkindle in them the fire of your love.
Send forth your Spirit,
and they shall be created.
And you shall renew the face of the earth.

Let us pray

O God, who has taught the hearts of the faithful
by the light of the Holy Spirit,
grant that by the gift of the same Spirit
we may be always truly wise
and ever rejoice in his consolation,
through Christ our Lord.

Amen.



Prayer to the Sacred Heart of Jesus

O most holy heart of Jesus,
fountain of every blessing,
I adore you, I love you,
and with lively sorrow for my sins
I offer you this poor heart of mine.
Make me humble, patient, pure
and wholly obedient to your will.
Grant, Good Jesus,
that I may live in you and for you.
Protect me in the midst of danger.
Comfort me in my afflictions.
Give me health of body,
assistance in my temporal needs,
your blessing on all that I do,
and the grace of a holy death.

Amen.



The Magnificat

My soul proclaims the greatness of the Lord,
my spirit rejoices in God my Savior,
for He has looked with favor on his lowly servant.
From this day all generations will call me blessed:
the Almighty has done great things for me,
and holy is His Name.

He has mercy on those who fear him
in every generation.

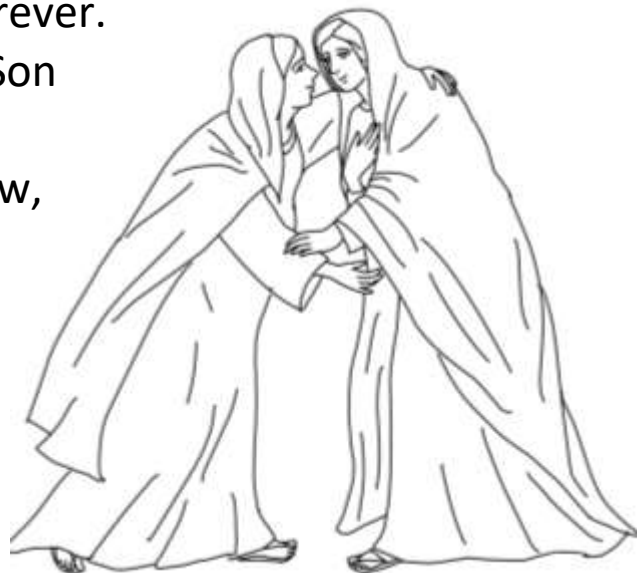
He has shown the strength of his arm,
He has scattered the proud in their conceit.
He has cast down the mighty from their thrones,
and has lifted up the lowly.

He has filled the hungry with good things,
and the rich He has sent away empty.

He has come to the help of his servant Israel
for He has remembered his promise of mercy,
the promise He made to our fathers,
to Abraham and his children forever.

Glory to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning, is now,
and will be forever.

Amen.



Memorare

Remember, O most gracious
Virgin Mary,
that never was it known
that anyone who fled to thy protection,
implored thy help,
or sought thy intercession,
was left unaided.
Inspired by this confidence
I fly unto thee,
O Virgin of virgins, my Mother.
To thee do I come,
before thee I stand,
sinful and sorrowful.
O Mother of the Word
Incarnate,
despise not my petitions,
but in thy mercy hear and
answer me.

Amen.



Miraculous Medal Prayer

O Mary, conceived without sin,
pray for us who have recourse to you,
and for all who do not have
recourse to you,
especially the enemies of the Church
and those recommended to you.

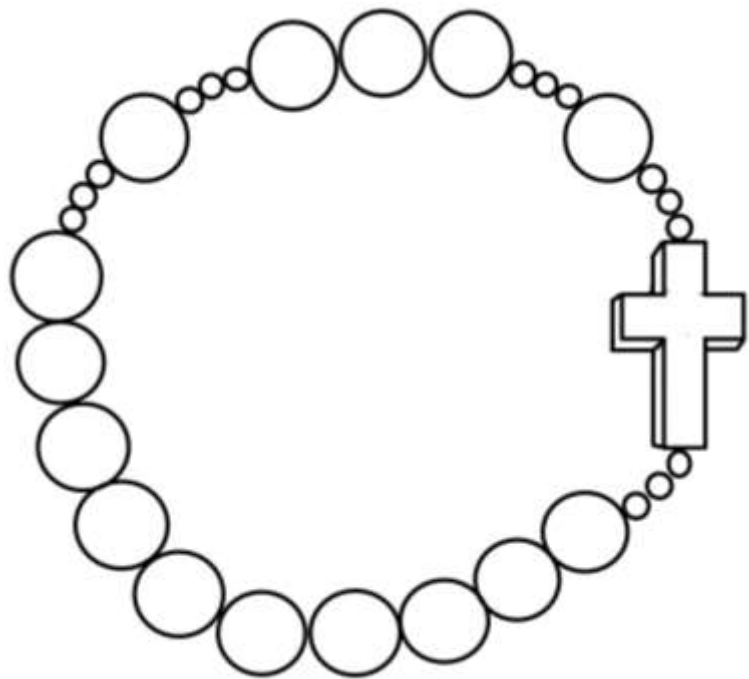
Amen.



The Fatima Prayer (Decade Prayer)

O My Jesus,
forgive us our sins,
save us from the fires of hell.
Lead all souls to Heaven,
especially those
most in need
of Thy mercy.

Amen.



The Pardon Prayer

My God,
I believe, I adore, I hope
and I love Thee!
I ask pardon for those
who do not believe, do not adore,
do not hope and do not love Thee.

Amen.



The Eucharistic Prayer

Most Holy Trinity,
I adore Thee!
My God, my God,
I love Thee
in the Most Blessed Sacrament.

Amen.



The Angel's Prayer

O Most Holy Trinity,
Father, Son and Holy Spirit,
I adore Thee profoundly.
I offer Thee the most precious Body,
Blood, Soul and Divinity of Jesus Christ,
present in all the tabernacles of the world,
in reparation for the outrages,
sacrileges and indifference
by which He is offended.
By the infinite merits
of the Sacred Heart of Jesus
and the Immaculate Heart of Mary,
I beg the conversion
of poor sinners.

Amen.



The Sacrifice Prayer

O My Jesus,
I offer this for love of Thee,
for the conversion of sinners,
and in reparation
for the sins committed against
the Immaculate Heart of Mary.

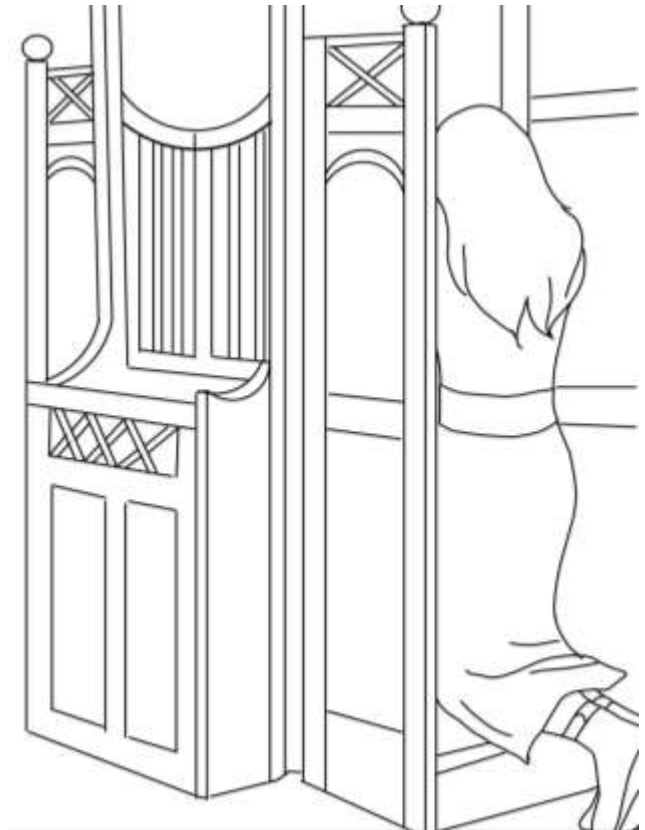
Amen.



Act of Contrition

O my God,
I am heartily sorry
for having offended Thee,
and I detest all my sins
because of thy just punishments,
but most of all because they offend Thee,
my God, who art all good
and deserving of all my love.
I firmly resolve with the help of Thy grace
to sin no more
and to avoid the near occasion of sin.

Amen.



Nicene Creed

I believe in one God,
the Father Almighty,
maker of heaven and earth,
of all things visible and invisible.

I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made, consubstantial with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,
and by the Holy Spirit was incarnate of the Virgin Mary,
and became man.
For our sake he was crucified under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,

who proceeds from the Father and the Son,
who with the Father and the Son is adored and glorified,
who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.
I confess one Baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come.

Amen.



The Rosary

1. Make the Sign of the Cross.
2. On the Crucifix, say the Apostles' Creed.
3. On the first bead, say an Our Father.
4. Say one Hail Mary on each of the next three beads.
5. Say the Glory Be.
6. Announce the Mystery before each decade (meditating on the mystery) then say the Our Father.
7. On the decade beads, say ten Hail Marys while meditating on the Mystery.
8. Say a Glory Be, followed by the Fatima decade prayer.
9. Repeat steps 6 to 8 until you finish all the rosary beads. (five decades)
10. After saying the five decades, say the Hail, Holy Queen, followed by this dialogue and prayer:

V. Pray for us, O holy Mother of God.

R. That we may be made worthy of the promises of Christ.

Let us pray: O God, whose Only Begotten Son, by his life, Death, and Resurrection, has purchased for us the rewards of eternal life, grant, we beseech thee, that while meditating on these mysteries of the most holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord.

Amen.

The 15 Promises of the Virgin Mary to Those Who Pray the Rosary

- Whoever shall faithfully serve me by the recitation of the Rosary, shall receive signal graces.
- I promise my special protection and the greatest graces to all those who shall recite the Rosary.
- The Rosary shall be a powerful armor against hell, it will destroy vice, decrease sin, and defeat heresies.
- The Rosary will cause virtue and good works to flourish; it will obtain for souls the abundant mercy of God; it will withdraw the hearts of men from the love of the world and its vanities, and will lift them to the desire for eternal things. Oh, that souls would sanctify themselves by this means.
- The soul which recommends itself to me by the recitation of the Rosary, shall not perish.
- Whoever shall recite the Rosary devoutly, applying himself to the consideration of its sacred mysteries shall never be conquered by misfortune.
- God will not chastise him in His justice, he shall not perish by an unprovided death; if he be just he shall remain in the

grace of God, and become worthy of eternal life.

- Whoever shall have a true devotion for the Rosary shall not die without the sacraments of the Church.
- Those who are faithful to recite the Rosary shall have during their life and at their death the light of God and the plenitude of His graces; at the moment of death they shall participate in the merits of the saints in paradise.
- I shall deliver from Purgatory those who have been devoted to the Rosary.
- The faithful children of the Rosary shall merit a high degree of glory in Heaven.
- You shall obtain all you ask of me by the recitation of the Rosary.
- All those who propagate the Holy Rosary shall be aided by me in their necessities.
- I have obtained from my Divine Son that all the advocates of the Rosary shall have for intercessors the entire celestial court during their life and at the hour of death.
- All who recite the Rosary are my sons and daughters, and brothers and sisters of my only Son Jesus Christ.
Devotion of my Rosary is a great sign of predestination.

Joyful Mysteries

- The Annunciation
- The Visitation of the Blessed Virgin to her cousin, Saint Elizabeth
- The Birth of Our Lord, Jesus Christ
- The Presentation at the Temple
- The Finding in the Temple



Sorrowful Mysteries

- The Agony in the Garden of Gethsemane
- The Scourging of Jesus at the Pillar
- The Crowning with Thorns
- The Carrying of the Cross
- The Crucifixion and Death of Our Lord Jesus Christ

Glorious Mysteries

- The Resurrection of Our Lord Jesus Christ
- The Ascension of Our Lord to Heaven
- The Descent of the Holy Spirit upon Mary and the Apostles
- The Assumption of Our Lady in Heaven
- The Crowning of Our Lady as Queen of Heaven and Earth

Luminous Mysteries

- The Baptism in the Jordan
- The Wedding Feast of Cana
- The Proclamation of the Kingdom of God
- The Transfiguration
- The Institution of the Eucharist



Divine Mercy Chaplet

Our Lord said to Blessed Faustina:

Unceasingly recite this chaplet that I have taught you. Whoever will recite it will receive great mercy at the hour of death ... Priest will recommend it to sinners as their last hope of salvation. Even the most hardened sinner, if he recites this chaplet even once, will receive grace from My infinite mercy (687) ... Oh, what great graces I will grant to souls who will recite this chaplet (848) ... Through the chaplet you will obtain anything, if what you ask for is compatible with My will (1731) ... I want the whole world to know My infinite mercy. I want to give unimaginable graces to those who trust in My mercy (687).

Make the sign of the cross.

Pray Our Father.

Pray Hail Mary.

Pray the Apostles' Creed.

For each of the five decades

On each "Our Father" bead of the rosary, pray:

Eternal Father, I offer you the Body and Blood, Soul and Divinity of Your Dearly Beloved Son, Our Lord, Jesus Christ, in atonement for our sins and those of the whole world.

On each of the 10 "Hail Mary" beads, pray:

For the sake of His sorrowful Passion, have mercy on us

and on the whole world.

Concluding prayer (repeat three times)

Holy God, Holy Mighty One,
Holy Immortal One,
have mercy on us and
on the whole world.



The Seven Sorrows of Mary

The Virgin Mary reveals to St. Bridget that those who pray 7 Hail Mary's while meditating on her tears and sorrows will gain the following graces:

- There will be peace in the person's family.
- The person will experience enlightenment into God's mysteries.
- As long as their wishes are within God's Will for the salvation of souls, the person's wishes in prayer will be fulfilled.
- The person will have eternal joy in Jesus and Mary.

THE FIRST SORROW -

The Prophecy of Simeon

THE SECOND SORROW -

The Flight Into Egypt

THE THIRD SORROW -

The Loss of the Child Jesus in Jerusalem

THE FOURTH SORROW -

Mary Meets Jesus on the Way to Calvary

THE FIFTH SORROW -

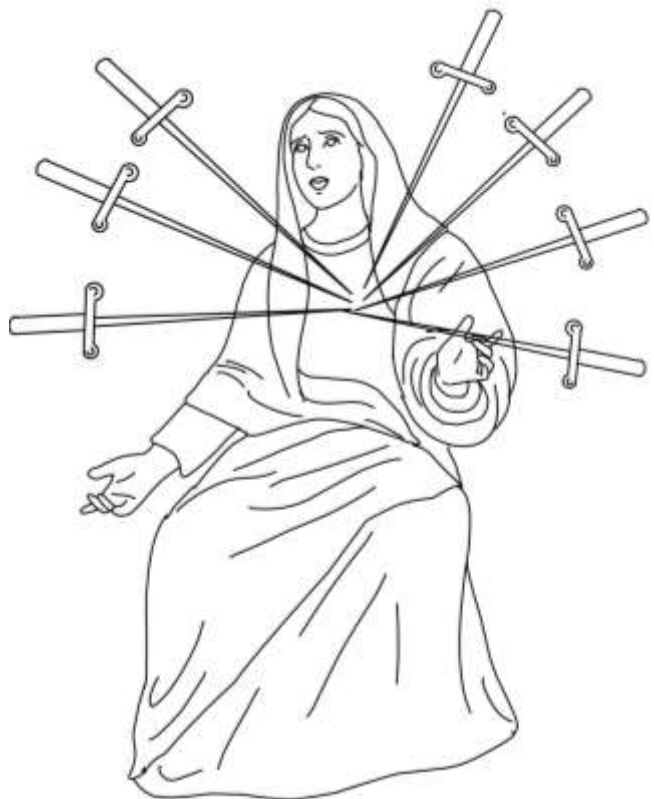
Jesus Dies on the Cross

THE SIXTH SORROW -

Mary Holds the Lifeless Body of Jesus in Her Arms

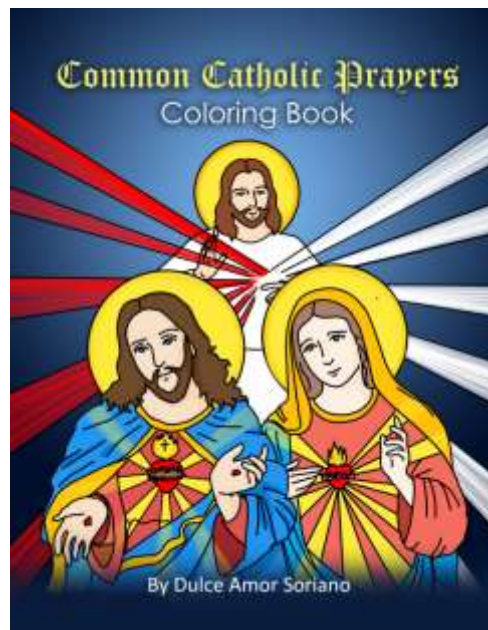
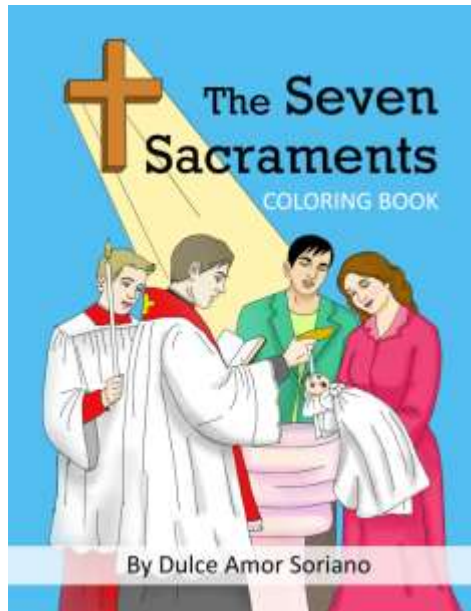
THE SEVENTH SORROW -

Jesus is Laid in the Tomb

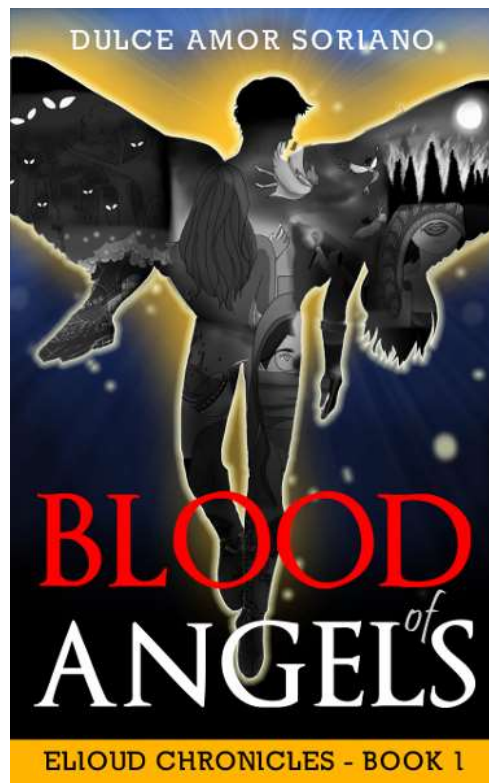


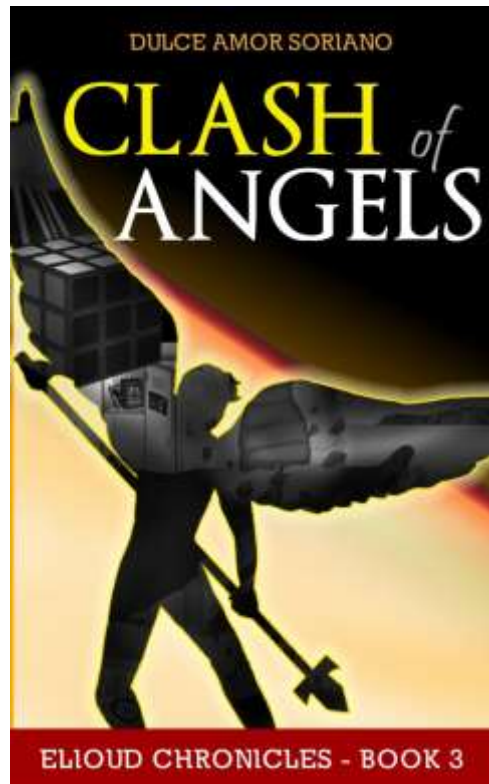
Other Books by the Author

Coloring Books



Novel Series





Children's Books



